



MATINA JEWELL

LEADERSHIP RETREAT

*Growth & Rejuvenation*





## SALT BEACH

Just 20 minutes from  
Gold Coast Airport,  
Far-North Coast, NSW

# THRIVE

## LEADERSHIP RETREAT

May I invite you to join me for a fusion of professional *and* personal development; a carefully crafted, formative experience for growth *and* rejuvenation.

The opportunity:

- A fresh perspective
- A more resilient team, that thrives through change
- Once-in-a-life-time experiences

Welcome to Salt Beach where golden sands are cleansed by luminescent, sub-tropical waters and lush rainforests are set to the breath-taking volcanic backdrop of Mt Warning.

I would love to spend time together and to show you around my backyard!





*MJ*

# THRIVE

LEADERSHIP FOR RESILIENT TEAMS THAT  
THRIVE THROUGH CHANGE

MAJOR  
MATINA JEWELL  
(RETIRED) CSP

Leadership Strategist

## TRANSFORMATIVE

Would you like the opportunity to take-stock?

Could it be useful to 'go deeper'?

Matina and her team have developed what is considered a truly unique, tailored leadership team experience.

Matina can also seamlessly integrated many of the finest thought-leaders, disrupters and change-makers into your program if desired.

**Re-imagine. Thrive.**



# SHIFT YOUR PERSPECTIVE

RE-THINK LEADERSHIP



*"The power of Matina's messages and the way she tells it has left an indelible impression. The parallels between her story and our daily realities... have shifted perspectives." HR Director, Adidas Pacific*

## **SIGNATURE KEYNOTE**

**A Peacekeeper's Perspective**

## **SIGNATURE WORKSHOP**

### **HIGH-PERFORMANCE TEAMS**

Interactively explore:

- The 'secret' of high-performing teams
- Work-groups verses teams
- Defining your united purpose
- The six critical factors for an optimal team environment
- 10 vital elements for team effectiveness

## **OTHER WORKSHOPS**

### **THRIVE CULTURE**

Explore your organisations cultural pillars

### **RESILIENCE**

Rethink resilience to equip for major disruption... and *everyday* challenges

### **CHANGE**

From *fear* and *resistance* to a *purpose-driven* culture that thrives through change

## **BLENDED LEARNING**

More incredible stories from the battlefield to the boardroom that help embed Matina's most valuable leadership lessons in person and through e-learning.

### **SUDDEN LEADERSHIP**

Lead, even when it's not your job

### **DELEGATION**

The Arcs of Fire Framework, to get more done

### **COMMUNICATION**

S.M.E.A.C, the military planning and communication tool for every situation

### **CONNECTION**

Knowing your team

### **DECISION MAKING**

Decisions, risk and responsibility

### **HONOUR**

Dutiful Leadership

*Online training includes complimentary access to Matina's exclusive **Leadership in Action Online Community.***



*WJ*

# ACTIVITY HIGHLIGHTS

*Personal growth. Team connection.*

## LIVE PISTOL SHOOT

Be trained by special ops instructors who currently train some of the most highly-skilled teams on the planet, in hotspots all over the world.

## SURFING WITH A WORLD CHAMP

Grab a wave, then enjoy a private tour and a beer (voted number one in Australia) at his brewery.

## CREATE IN THE KITCHEN

Join the ever-charismatic Head Chef at the most awarded regional restaurant in Australia.



'Special Ops', range shoot



Surfing with a world champ



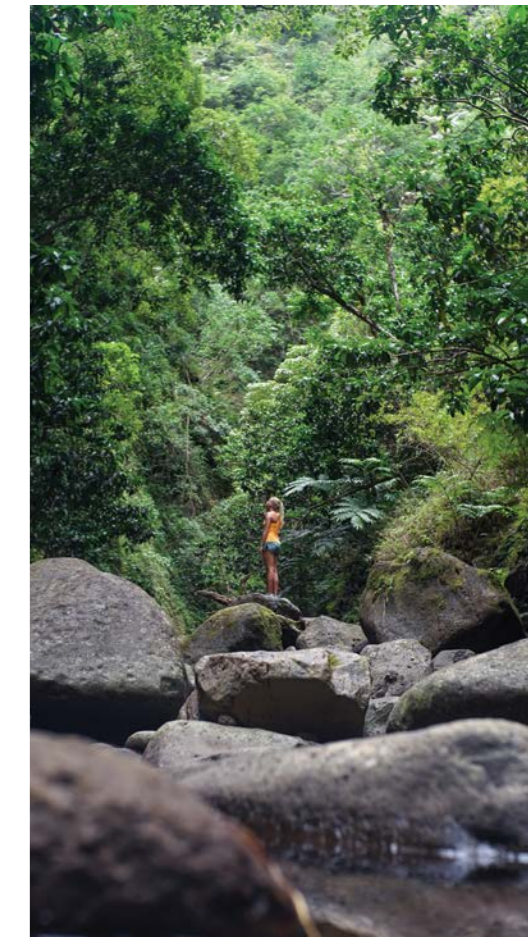
Create in the most awarded regional restaurant in Australia



*WJ*

# ACTIVITIES

SAMPLE MENU







## 01

### Snorkel with Sea Turtles

*Luminescent sub-tropical waters teaming with marine life.*

## 03

### Brewery Tour

*Acclaimed craft beers, from Stone and Wood's Pacific Ale Byron Bay to Balter's XPA ..and everything in between!*

## 05

### Stand-up Paddle Board + Sea Kayak

*Explore 'The Creek' and be sure to stop-off for a guided meditation-in-the-mangroves.*

## 07

### Adventure Sports

*Skydive Byron Bay. Kite-surf. Or tick-off something else from your bucket list?*

## 02

### Whale Watching (Seasonal)

*25,000 whales head north each year, then frolick with their calves just off the coast before rounding the most easterly point of Australia.*

## 04

### Husk Distillery

*Ink Gin changes colour when mixed and sold-out globally when Margot Robbie posted it from her wedding.*

## 06

### Executive Chef Culinary Class

*Snowy, the head chef at Fins will open up his kitchen, share his secret recipes, all while spinning yarns and a laugh from the most sustainable restaurant in Australia.*

## 08

### Equine Experience

*Enjoy the beach by horseback, exploring mindfulness communication.*



## 09

### Yin or Yang?

*Training with the reigning Australasian female boxing champion? Or feel the first light at sunrise beach yoga? Or both?*

## 11

### Golf

*From majestic Murwillumbah to coast-side Coolangatta Golf Course. Ambrose format anyone?*

## 13

### Byron Bay & Surrounds

*From The Farm to The Beach Hotel, Byron Bay and the surrounding hinterland are all but a stone's throw away.*

## 15

### Track Day

*Race a \$600k supercar on a private racetrack. (You can keep the in-car footage).*

## 10

### Hike Mt Warning

*Be the first in Australia to see the sunrise. Visit hidden gems like Minyon Falls, a 100m plunge waterfall over huge rhyolite cliffs.*

## 12

### The Spa

*From Halcyon House to The Spa at Salt, you are spoilt for choice when it comes to luxurious day spa options.*

## 14

### Fishing

*At the beach, on a charter, or with a spear-gun, enjoy some of the best fishing in the world!*

## 16

### Super Yacht

*THE super yacht entertainment experience that is as big as an island (capacity 400pax)!*



WJ

# DINING

'FIRST, WE EAT...'

FINS,  
KINGSCLIFF

The most hatted regional  
restaurant in Australia

We can do coffee overlooking the water at  
Matina's favourite local café in the morning?

Lunch at a Surf Club.

Pre-dinner drinks by the beach.

And enjoy today's fresh catch straight from  
the trawler for dinner.

Eat and drink. Share and connect.

## DINING OPTIONS

Taverna, Kingscliff

Fins, Salt

Paper Daisy, Cabarita

Kingy Hotel, Kingscliff

Salt Bar, Salt

Harvest, Newrybar

Rick Shores, Burleigh Heads

(to name a few)





# ACCOMMODATION OPTIONS

A range of exceptional accommodation options exist, all with easy access to the Gold Coast International airport.

## MANTRA SALT

Salt Village

*A beautiful beachfront location, this is Mantra's flagship resort complete with incredible lagoon pool*

## PEPPERS SALT

Salt Village

*A destination resort with a leisurely seaside atmosphere and meandering lagoon pools*

## PEPPERS BALÉ SALT

Salt Village

*Absolute beachfront and discerning luxury*

## HALCYON HOUSE

Cabarita

*Voted #1 boutique hotel in Australia, Paper Daisy restaurant overlooks the ocean Also features a recently opened luxury spa*

## LUXURY MANSION

Private Residences

*Pick from a number of beachfront homes in Kingscliff, Salt or Casuarina*

## LUXURY GLAMPING

Cabarita

*For something different, an 'outdoor hotel'*



Halcyon House, Cabarita



Peppers Salt, Kingscliff



Outdoor Hotel, Cabarita





# TASTER MENU

2.5 DAY / 2 NIGHT SAMPLE PLAN

	ARRIVAL	DAY ONE	DAY TWO
	Drive or Fly	Bootcamp	Beach Walk & Yoga
BREAKFAST		Keynote & Q&A	Conference Session
MORNING TEA		Workshop	Conference Session
LUNCH	Activity (Optional)	The Range Shoot	Activity (Optional)
AFTERNOON TEA	Activity (Optional)	The Range Shoot	Activity (Optional)
DINNER	Pre-dinner drinks & dinner	Fire-side chat & dinner	Depart (or stay & play)

Guide only. Please ask about our partner/family activities.





SUNRISE BEACH YOGA



# THRIVE EXPERIENCE 2019



## KINGSLIFF SALT, NORTHERN NSW

Ideally located only 20 minutes from Gold Coast Airport  
(between Coolangatta and Byron Bay)

**COMING SOON** Strictly limited places

Top Gun Inter-org Retreat

Military Connect Retreat

'2020 CEO Summit'

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## MATINA JEWELL

*Major Matina Jewell (Retired) CSP is a transformative and inspirational trailblazer, helping leaders build resilient teams to thrive through change.*

Having earned her military accolades in some of the toughest environments on earth, Matina's courageous decision-making, dutiful leadership and visionary approach to empowering teams continues to help transform organisations globally. Matina has been a Prime Ministerial advisor and is a highly sought-after leadership strategist, international keynote speaker and best-selling author.

Recognised in the 2018 'AFR 100 Women of Influence Awards', Matina is also a Telstra Business Awards Finalist, and was named by CPA Australia as a 'Top-10 Smart Thinker'. Among many honorary roles, Matina is a founding ambassador for Project Thankful, a movement partnered with the United Nations to help empower women and children globally. Matina's incredible life story has been optioned for a global feature film.







**MATINA JEWELL**  
LEADERSHIP STRATEGIST & KEYNOTE SPEAKER

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